

## EMDR Case Presentation Form

Client Age & Gender

### Phase 1: Client History & Treatment Planning

Presenting problem:

Brief summary of trauma history:

Most recent trauma/triggers:

Worst traumatic memory known:

First traumatic memory:

Treatment Plan-which of the following did you use to determine target?

Target planning. Issue Drive. Timeline. 10 worst. Single event.

### Phase 2: Preparation

DES:

Safe/Calm/Peaceful Place:

Container:

Other resource development:

### Phase 3: Access & Activate/ Assessment

Target being reprocessed:

Image/Worst Part:

Negative Belief/Cognition:

Positive Belief/Cognition:

VOC:

Emotions:

SUD:

Sensations/body activations:

### Phase 4: Desensitization

EMDr or EMDR? Type of BLS? Stuck points? Clinical Interventions/Cognitive Interweaves?

Reprocessed?

### Phase 5: Installation

If SUD to 0-1 did VOC go to 7? How did it go?

### Phase 6: Body Scan

Clear? How did it go?

### Phase 7: Closure

Incomplete/complete? How done? How did it go?

### Phase 8: Re-evaluation:

At next session (beginning of each session). How did it go?

Questions you have: